

Physical Education

Course Leader Sarah Entwisle

Examination Board AQA

Assessment

Written examinations
Practical examination

What you will study?

The Physical Education course will equip you with a wide range of knowledge, understanding and skills which relate to the scientific, socio-cultural and practical aspects of physical education. Theoretical content is broad, you will explore topics in Psychology, Physics and Biology. This course will require students to: develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance; understand how physiological and psychological states affect performance, understand the key socio-cultural factors that influences people's involvement in physical activity and sport.

"Choosing Physical Education allows you to present yourself as a rounded individual to universities. It provides you with the opportunity to explore a range of subjects in a practical setting. Regular participation in competitive sport develops confidence, resilience and leadership skills which are all assets to future career paths."

Future Pathways

A Level Physical Education can lead to a number of varied careers, including: teaching, coaching, instructing, research, psychology, nutrition, physiotherapy, sports therapy, chiropractor, human sciences, product design, sports management and professional athlete.

Extra Curricular Opportunities
Training / Competing / Umpiring sports
Coaching
Inter-school House matches